



newsletter

January 2021

Upcoming Events

- Jan. 21, LLI Preview of spring 2021 classes and events (Zoom), 2 p.m.
- Jan. 25, LLI online registration begins, 10 a.m.

Upcoming Chapter Programs

- (Third Tuesday, noon, via Zoom)
- Feb. 16, Mike Madigan, Reactive balance training as a fall prevention exercise
- March 16, Alec Smith, Emotions in economic and financial decisions

New in 2021! Monthly Coffee Talks!

Many of us have missed the in-person aspect of monthly chapter meetings and the opportunities for chatting with friends and getting to know new members. So, we've decided to try something new!

On the **fourth Tuesday** of each month (January–May) from 8:30–9:30 a.m., you're cordially invited to participate (via Zoom and from the comfort of your own home) in Monthly Coffee Talks. Mark your calendars with these dates:

- Tuesday, January 26
- Tuesday, February 23
- Tuesday, March 23
- Tuesday, April 27
- Tuesday, May 25

We will talk about the previous week's chapter presentation or anything else that's on our minds. If you would like to receive Zoom invitations for the Coffee Talks, please email Leslie Pendleton, lkpendleton@gmail.com.

COVID-19 vaccine

Preregister for Phase 1b of COVID-19 vaccinations (age 75+) at <https://www.nrvroadtowellness.com/covid-vaccines>

Look for a Zoom link sent through email a day before the meeting. The meeting will open at 11:45 for greetings and conversation. The program will begin at noon.

Jan. 19 Chapter Meeting High Quality Fiber Internet: The Best Support for Independent Living

Andrew Cohill, Lynn Huber

Every year, the internet becomes increasingly important in our everyday lives, on an individual and community level. Fiber optic speed provides enough bandwidth to access these emerging online services simultaneously and reliably: tele-doc video appointments; ZOOM conferencing; multiple security camera feeds; appliance, pump, and air quality monitoring; weather stations; video door bells; voice activated lighting and HVAC controls; telephone; television; and virtual monitoring of critical health equipment and sensors.

WideOpen Blacksburg is building the fastest network in Blacksburg, Christiansburg, and Montgomery County, a neighborhood at a time. How might it come to your neighborhood and with what impact?



Andrew Cohill
CEO of WideOpen Blacksburg



Lynn Huber
Project Manager

Time to renew membership

Use the form on p. 8, or go online to blacksburgaarp.org/online-payments

Membership is for the local chapter in 2021.

President's Message

Leslie Pendleton

Creating Meaning and Purpose in 2021

Healthy and Happy New Year! No doubt, many of us prefer to move on from 2020 due to the significant impact the COVID-19 pandemic has had on our lives. For those of you who have lost family members and/or friends, the past year has been especially difficult. And, given the recent upsurge in COVID-19 cases, the transition into the winter months continues to look somewhat bleak. The good news is that the availability of vaccines is creating hope for a better 2021. As such, it seems timely to address the topic of (renewed) meaning and purpose as we begin a new year.



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State and Local Awards for Blacksburg Chapter and Members 2020 *by Chuck Burress*

2020 was an exceptional year for awards, as the chapter and members received three prestigious annual statewide awards given by AARP Virginia. We also recognized two members for their outstanding local service.

Jerry Niles: AARP Virginia Gordon Morton Award

The Gordon Morton Award for Volunteer Service is given to an AARP volunteer who has made outstanding contributions to the work of AARP consistent with the work modeled by the late Gordon Morton.

Jerry Niles played a prominent role helping to launch Virginia Tech's Lifelong Learning Institute and since then he has remained deeply involved in LLI through volunteering, teaching, and leadership. He chaired the board of directors until 2020 and provided tech support for classes and training for volunteers. He has served as President and Board member of AARP's Blacksburg chapter, and last year was recognized by the Rotary Club of Christiansburg-Blacksburg as its Citizen of the Year. AARP Virginia congratulated him for outstanding volunteer service and for serving as a role model and mentor to other AARP volunteers. They noted his collaborative achievement, service, and commitment.

Lisa Moose: AARP Virginia Rookie of the Year Award

The Rookie of the Year Award recognizes an individual who has made outstanding contributions to the work of AARP Virginia in their first year of volunteer service to the organization.

Lisa was nominated for Rookie of the Year by Brian Jacks, associate state director for AARP, based on his work with her in 2018–2019. He noted that Lisa has worked closely with staff and volunteers to develop and facilitate use of a tool for tracking all official and sponsored AARP Virginia events. As part of the Southwest Region Community Ambassador Team she helped us maintain clarity and uniformity for the new Regional Events Spreadsheet—listing the details and purpose of every AARP-sponsored gathering across the Southwest Region.

“Her responsibilities included interviewing volunteers and partners once events were scheduled, to ensure pertinent information was recorded accurately and retained in one place.

“Lisa helped our state deliver 400+ programs in 2018/2019, which were marketed accurately as a result of her attention to detail and helpful spirit.”

AARP Blacksburg Chapter: State Chapter Advocacy Award

This award is given to a chapter that provided support to AARP Virginia's advocacy agenda at the federal, state or local level, or for raising awareness of AARP's priority legislative issue during July 1, 2019-June 30, 2020.

In tandem with AARP Virginia, Blacksburg Chapter members have worked tirelessly in support of fair redistricting efforts in Virginia. Activities by the Blacksburg chapter included:

Raising awareness: talks at chapter meetings, in Blacksburg and neighboring counties; articles in the chapter newsletter and website; mass mailings to members with instructions on how to contact legislators; letters to the editor

Advocacy: training for advocacy volunteers at voting locations; obtaining signatures from citizens; contacting six state legislators

Ben Crawford was instrumental in leading these efforts and engaging members in the activities. The movement for fair redistricting was backed overwhelmingly by Virginia voters in November 2020.

Isabel Berney: AARP Blacksburg Community Spirit Award

This award is made to a member who is impacting the community with constituents who are the focus of AARP efforts.

The activities of Isabel Berney reflect a lifetime commitment to community service in state and local roles.

Isabel has been an active board member of AARP Blacksburg. She serves as volunteer administrator of the Funeral Consumers Alliance, a non-profit volunteer organization that provides information to consumers.

In fall 2020 Isabel was co-teacher again of a class for Lifelong Learning Institute on making choices about the end of life and how to document those choices.

Her numerous community activities include active membership in the League of Women Voters and service to the Blacksburg Unitarian Universalist Congregation through its leadership development committee, pastor search committee, and development of its memorial garden.

She has served on the Radford School Board, Radford Library Board and the board of Blue Ridge Public Television. In Blacksburg she continued her citizen service on the Board of Zoning Appeals, the Housing and Community Development Board and Virginia Tech Institutional Review Board, and the State Cemetery Board.

She served as a facilitator for LLI's winter 2020 class titled: “Create Your Plan for Aging In Place.”

Leslie Pendleton: AARP Blacksburg Chapter Service Award

This award is made to a member who is giving and making an impact on our local AARP Chapter.

Leslie assumed leadership of the chapter's most important activity—the Health and Wellness Fair, reconceptualized and energized the Chapter Care Committee, promoted new outreach activities for veterans, and assumed essential leadership duties as vice president of the chapter.

She has spearheaded efforts to connect with new and long-time members in developing the 'We Care' concept. As examples, she has added a column to the chapter newsletter, focused on caring about members' wellbeing, and written outreach grant proposals to AARP to meet the needs of veterans in our community.

She has worked with others in the chapter to organize car parades for residents of assisted-living communities in the area, emphasizing the theme of 'We Care.'

She is a joy to work with—accessible, well-prepared, always ready to assume major responsibilities. Her service to the chapter as a leader, creative thinker, a doer and a catalyst for others' service is a remarkable combination.

Award Winners



Jerry Niles, AARP Virginia
Gordon Morton Award



Lisa Moose, AARP Virginia
Rookie of the Year Award



Leslie Pendleton, AARP
Blacksburg Chapter
Service Award



Isabel Berney, AARP Blacksburg
Community Spirit Award

President's message, continued

I'm not talking about the meaning and purpose related to a professional identity. Nor am I talking about a "life purpose," which is, obviously, less malleable later in life. Rather, my focus is meaning and purpose in the here and now. As a counselor, I have witnessed the detrimental impact that a lack of meaning and purpose can have on older adults. Indeed, the need for meaning and purpose is central to our well-being, even our survival, as noted by Victor Frankl in his book *Man's Search for Meaning*.

Research has demonstrated that meaning and purpose positively affect our 50 and older age group in a number of ways:

- Provides the motivation and energy that drives us toward a more satisfying future;
- Links to "flow," or complete immersion in an activity, a powerful source of well-being;
- Improves flourishing in numerous domains, for example, happiness, physical health, and mental health;
- Relieves the stress and anxiety that comes from being directionless (aka, in survival mode); and
- Results in considerable longevity benefits.

First, let's address individual meaning and purpose. Both tell us where we want the stories of our lives to go, even if our time on Earth is relatively limited. Begin by asking yourselves these questions: What do I want or need to bring into my life this year? What would an ideal week, month, or year look like? What nurtures me and brings me joy? What matters most? Not surprisingly, among middle-aged and older adults, volunteering, in particular, is a proven outlet for increasing meaning and purpose in life.

Next, what about Chapter meaning and purpose? Presumably we all have different reasons for our involvement in AARP Blacksburg, but there's no doubt that our involvement provides meaning and purpose both for ourselves and for our community in so many positive ways. We make social connections with other seniors and age more successfully. We engage in amazing and meaningful lifelong learning opportunities. We make a grassroots difference by providing valuable services and supporting good causes and organizations in our community. As your new Chapter President, I look forward to continuing the good works that bring meaning and purpose to our lives and seeing you (virtually and, hopefully, in person again soon) in 2021!

Highlights of AARP Blacksburg Activities 2020

Member Services and Communication

- Conducted regular chapter member meetings via Zoom (thanks to Judith Jones for identifying speakers)
- Enabled guests to attend chapter meetings via Zoom
- Conducted regular chapter Board meetings via Zoom
- Maintained the chapter website
- Corresponded frequently with membership via Mailchimp
- Produced a video for the Crafts Fair at VT
- Hosted Zoom sessions for SW Virginia AARP volunteers
- Developed five chapter newsletters
- Served on LLI Program Committee

Member Care

- Co-Planned and co-implemented a two-part LLI Aging in Place Workshop “Create Your Plan for Aging in Place on February 28 and March 6, 2020 (thanks to Jerry Niles and Leslie Pendleton).
- Participated in a COVID-19 Conference Call-in with AARP National on March 12, 2020.
- Sent “Get Well” and “Sympathy” cards to chapter members who experienced an illness or death in the family.

Community Outreach: Maintained Partnerships

AARP Virginia
VCOM
NRV Agency on Aging
Lifelong Learning Institute at VT
Center for Gerontology at VT
VT Retirees Association
Community Foundation of the NRV
Blacksburg TimeBank
Blacksburg Community Center
Christiansburg Recreation Center
Montgomery County Christmas Store
Micah's Soup for Seniors
Retired Senior Volunteer Program
Virginia Tech Retirees Association
Warm Hearth Village

Community Outreach to Veterans

- November program and November newsletter focused on Veterans
- “Veteran Connection” columns in the newsletter
- “Operation paperback”—books to active service men and women, veterans, and veterans’ hospitals
- Plans for a Veterans Resource Fair
- Encouraged food donations to “Vittles for Vets”

Community Support

- Served 811 clients through the **Tax-Aide program** before closing the program March 13 because of Covid-19 (thanks to Pat Ballard, Program Coordinator; Dianne Rencsok, Training Coordinator; and a dozen AARP volunteers)
- Encouraged members to donate to **food banks** by publishing addresses and other contact information for 8 regional food banks in the newsletters (thanks to Sally Anna Stapleton)
- **Contributed to charitable organizations** that serve seniors in the NRV, including the Warm Hearth Foundation fundraiser—Cheeseburger in Parrot-dise, Blacksburg's Leading Lights, and GiveBig NRV.
- Signed and delivered 90 **Christmas cards for Seniors** receiving gifts through the Montgomery County Christmas Store.
- Co-organized and participated in **Car Parades** at Assisted Living facilities in September and December.

Contributions: \$2,400 to Community Organizations Serving Seniors; These were presented at the annual holiday celebration

Community Foundation of the NRV
(Blacksburg Senior Center Endowment Fund;
Aging in Place)
Montgomery County Christmas Store (senior undergarments)
Blacksburg Community Center (Senior Center)
Warm Hearth Dementia Program
Christiansburg Community Center (Senior Programs)
Community Action (Homeless Winter Shelter)
RSVP/Retired Senior Volunteer Program
SW Virginia Veterans Cemetery
Micah's Soup for Seniors
NRV Agency on Aging

Legislative Review and Advocacy

- Newsletter columns about legislation that affects seniors (social security, nursing homes, Medicare, broadband)
- Advocacy for legislation that affects the wellbeing of Democracy (redistricting)
- Visits to elected officials (Mark Warner, Morgan Griffith)

Health and Wellness Fair

- Planning Committee met three times (January, February, March).
- Completed first round of Exhibitor invitations to exhibit before cancelling the Health Fair.

Thanks to officers, board members, and volunteers who plan and organize these activities

Officers

President, Don Creamer
 Vice President, Leslie Pendleton
 Secretary, Lisa Moose, Pat Hyer
 Treasurer, Pat Ballard
 Assistant Treasurer, Ruth Anne Niles

Board Members

Isabel Berney
 Jeananne Dixon-Bame
 Hugh VanLandingham
 Doug Feuerbach
 Judith Jones
 Lisa Moose
 Leslie Pendleton
 Linda Correll
 Chuck Burress
 Kai Duncan

Volunteers

Programs, Judith Jones
 Chaplain, Sandra Birch
 Food drives, Sally Anna Stapleton
 Membership, Coreen Mett
 Hospitality, Thais Beams, Terry Wildman
 Legislative review, Doug Feuerbach
 AARP VA liaison, Ben Crawford

Volunteers

LLI liaison, Jerry Niles
 Awards, Chuck Burress
 Newsletter editor, Carolyn Rude
 Newsletter mailing, Allen and Jeananne Dixon-Bame
 Care Committee, Leslie Pendleton, Lisa Moose
 Tax-Aide, Pat Ballard, Dianne Rencsok, counselors, greeters

Membership Report January 2021

Latest renewal	Individuals	Households
AARP 2021	99	63
AARP 2020	82	52
AARP 2019	34	21
Lifetime member	30	20
Life member	17	15
Honorary member	1	1
Complimentary	31	30
Total	294	202

AARP Blacksburg Publishes Proclamation Supporting First Responders

On December 19, AARP Blacksburg published a proclamation in the *News Messenger* to show support and appreciation for First Responders to the COVID-19 pandemic. The proclamation concludes, "The AARP Blacksburg Chapter does hereby express its sincere appreciation and gratitude for the dedication and expansive caring efforts of all such dedicated personnel and volunteers and calls this observance to the attention of the public."

For the full text of the proclamation, go to <https://www.blackburgaarp.org/documents>.

Part of the December 11 car parade around English Meadows and Krontje, and Showalter Assisted Living Centers at Warm Hearth. Our crowd included two grandchildren and two very popular golden retrievers. The residents were grateful for the entertainment, and we were blessed with 65-degree weather on December 11. Ruritans, AARP, and friends joined the parade.

Need for Food Donations

2021, a new year, a new start. Unfortunately, some of the same old problems. The biggest still is hunger. The numbers of families using the food pantries and waiting in lines throughout the state have been astronomical. The crisis of food insecurity will not end until people can get back to work and some sense of normalcy returns to our lives.

Please consider donating to one of the local food banks in our area (list in the Sept/Oct newsletter). Or send a donation to the food distribution center.

Feeding Southwest Virginia
 Salem Distribution Center
 1025 Electric Road
 Salem, Virginia 24153

Thank you.

Sally Anna Stapleton, AARP Community Ambassador



Veteran Connection

We recognize and honor the military service of S. Jewell Ritchey, Professor and Dean Emeritus, Virginia Tech College of Human Resources. In 1950, Jewell joined advance ROTC and received a regular commission as a Second Lieutenant in the Army. A distinguished military graduate, Jewell chose Field Artillery and was trained at Fort Sill in Oklahoma. After basic training, he was assigned to a 155mm Howitzer battalion and stationed in Heilbronn Germany. He served two years of active duty as the executive officer in charge of the howitzer, the reason he is “almost deaf now.” Through his military service, Jewell gained an appreciation for the men who chose the Army as a career. Many were poorly educated; some were illiterate and “couldn’t write their own names, but the Army took care of them.” Jewell’s photos of his Army days are “long gone in albums for the kids.” Jewell, thank you for your service!

Now I want to share some exciting news about our Chapter’s outreach projects to veterans, military service members, and their families. AARP Blacksburg, the Retired Senior Volunteer Program (RSVP) of Montgomery County, and Warm Hearth Village have joined together in an **Operation Paperback Partnership Project**. Operation Paperback is a national, non-profit organization whose volunteers collect gently-used paperbacks and send them to American troops overseas and veterans and military family members at home. For more information on Operation Paperback, refer to their website www.operationpaperback.org.

We hope you will donate your paperback books to this very worthy cause. Hardback books, CDs, magazines, and other media are not permitted. For paperback book collection, we are placing a plastic tub, clearly marked with signs, in the Blacksburg Recreation Center foyer. Board member Tom Hohenshil is our Coordinator for the project. Tom can be reached by email at thohen@vt.edu.

What is Operation Paperback?
Operation Paperback is a national, nonprofit organization that coordinates volunteers to collect gently-used paperback books. Since 1999, Operation Paperback volunteers have shipped over 2.9 million books.

We are pleased to announce the collaborative effort of Warm Hearth Village, AARP Blacksburg and RSVP of Montgomery County & City of Radford and to bring this program to the New River Valley. Each of our organizations will have a collection site for donated paperback books. Donated books will then be shipped to American troops, veterans and military families in countries all over the world.

Our past and present service men, women and their families have made sacrifices for our country. When you donate your gently-used books to Operation Paperback it sends the message to America’s military community that we appreciate their service and sacrifice.

What Can You Do?
Bring your book donations to one of our dropbox locations, beginning January 1, 2021:
Blacksburg Rec Center | 725 Patrick Henry Drive, Blacksburg
RSVP Office | 210 Pepper Street S, Christiansburg
Warm Hearth Village, Village Center | 2387 Warm Hearth Drive, Blacksburg

www.operationpaperback.org

Care Corner: Reaching Out

We are all aware of the challenges faced by nursing homes and long-term care facilities, especially in the wake of COVID-19. In a *New York Times* article published on December 31, 2020, Tammy Kim reported, “Forty percent of the deaths from COVID-19 nationwide have occurred in long-term care facilities. More than 120,000 workers and residents have died.” The shared living environments of these facilities as well as the age and health conditions of their residents have put them at increased risk of illness and death.

The point of this column is not to belabor the ongoing problems associated with nursing homes and long-term care facilities: understaffing, low wages, poor regulation, poor accountability, lack of preparedness, etc. Hope does loom! AARP has been and continues to be committed to improved care and accountability, both at the national and state levels. The Biden-Harris administration has made funding proposals to improve the system through increased staffing, higher wages, and elimination of a waiting list for long-term care under Medicaid.

What are we doing at the local level to show we care? To help circumvent the social isolation and loneliness that many residents of local long-term care facilities have experienced, our Care Committee and chapter members recently engaged in two activities aligned with our motto “We Care!”

In September and again in December, car parades were held at both English Meadows and Showalter and Kroontje Centers at Warm Hearth Village. Cars were creatively decorated in fall and holiday themes. Chapter members, first responders, family members, grandchildren, dogs, and even a pony and Santa participated in the events. The smiles and expressions of gratitude on the part of both residents and staff were very heart-warming.

Later in December, our Care Committee participated in a holiday outreach project to all 500 residents living in Warm Hearth Village. The outreach project included a holiday card, a “Positive Words to Remember” puzzle, and a raffle ticket for a \$50 drawing. We plan to continue outreach projects to long-term care facilities in the future. If you have ideas or input, please let us know.



part of the Dec 11 car parade

Virginia COVID-19 Vaccinations

Following approval of two COVID-19 vaccines by the Food and Drug Administration, the Advisory Committee on Immunization Practices (ACIP) provided recommendations to the Centers for Disease Control and Prevention on who should receive the vaccines first. The recommendations for a phased approach to vaccine administration came out of two December 2020 meetings of the ACIP and prioritized groups of people based on their risk of contracting the COVID-19 virus. Phase 1a includes healthcare providers and residents of Long-Term Care Facilities (LTCF's), Phase 1b for frontline essential workers (first responders) and persons aged 75 and older, and Phase 1c for persons 65–74 and those of age 16–64 who have high risk because of some underlying condition. Phase 2 is for the general population.



Virginia received its first vaccines on December 15, and immunizations began immediately through the Virginia Department of Health (VDH). The priority to vaccinate healthcare providers came out of VDH's Vaccine Advisory Committee and the Virginia Disaster Medical Advisory Committee, which was established earlier in the year to make recommendations about scarce resource allocations.

As of January 8, 2021, 481,550 doses of the COVID-19 vaccine were distributed in VA, and about 148,909 doses were administered. More doses are expected soon, but the timing is currently unknown. Local administration figures are as follows: Montgomery Co. 1,658, Floyd Co. 147, Giles Co. 206, Pulaski Co. 581, and Radford City 237. Healthcare providers are receiving vaccinations at their places of employment or through other arrangements by their local health departments. Residents in LTCF's are receiving vaccinations at their facilities through pharmacy partnership agreements with Walgreens and CVS. VDH is also enrolling other providers (hospitals, health departments, urgent care centers, etc.) to administer the vaccines as the supply becomes available.

While the US COVID-19 immunization campaign is off to a slower start than projected, it is hoped that increased federal efforts will correct supply deficiencies and that state programs will allow the pace of immunizations to pick up soon. In his December 16, 2020 biennial budget amendments address to the joint monetary committees of the VA General Assembly, Governor Ralph Northam proposed \$90 million to support the VA vaccination effort. Not a done deal, but there's hardly a more important place to spend money to save lives and get our economy back.

Most of the information in this report came from the VDH website: <https://vdh.virginia.gov/coronavirus/vaccination/>

Preregister for Phase 1b of COVID-19 vaccinations (age 75+) at <https://www.nrvroadtowellness.com/covid-vaccines>

Coronavirus and Polio *A family's prevention strategy*

Ben Crawford's note in the November issue of our chapter newsletter recalled his memory of polio in 1940. I too experienced the fear and helplessness of the polio epidemic. I was 5 years old and living in Ashland, Virginia just north of Richmond. My mom and dad were both born in Ashland so I was surrounded by relatives mostly on my mother's side. The only news outlets were the Richmond newspapers (*Richmond Times Dispatch* and the *Richmond News Leader*) and regional radio stations like WRVA. I don't remember looking at a newspaper or listening to the radio. My information was gleaned from listening to relatives talk about polio—about how terrible the disease was and the possibility that if you contracted polio, you would have to be placed in an iron lung. Scary times indeed. On the very edge of my memory bank is Wytheville VA. There were a disproportionate (I didn't know that word) number of polio cases in that small town not unlike Ashland. Why Wytheville? People asked the question over and over.

But not to fear—my extended family had the cure for polio. ***Do NOT eat a peach without first washing the peach.*** It was the fuzz on the peach that gave you polio. Whew, that was good to know. Thanks to Jonas Salk for his development of a polio vaccine. We pray now for a similar path for this coronavirus.

Jim Wightman
photo by Peter Magolda



Blacksburg Chapter #2613

Chapter meetings are the third Tuesday of each month via Zoom at noon. Members will receive the link by email a day before the meeting. Board meetings are the first Tuesday of each month at 10 am.

Chapter Officers 2021

President • Leslie Pendleton, lkpendleton@gmail.com
Vice President • Lisa Moose, lisa.m.moose@outlook.com
Secretary • Terry Wildman, wiley@vt.edu
Treasurer • Pat Ballard, pballard@vt.edu
Assistant Treasurer • Ruth Anne Niles, rniles2@icloud.com

Board of Directors

2021: Doug Feuerbach, Judith Jones, Lisa Moose, Leslie Pendleton
2022: Linda Correll, Chuck Burrell, Kai Duncan
2023: Todd Solberg, Tom Hohenshil

Newsletter editor: Carolyn Rude, carolyn.rude2@gmail.com

AARP Website www.blacksburgaarp.org



Blacksburg Chapter #2613
Leslie Pendleton, President
P.O. Box 10082
Blacksburg, VA 24062

**Nonprofit
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Blacksburg Chapter

Member Application for 2021

mail this form or join/renew online at blacksburgaarp.org/online-payments

Name: _____

Spouse/Partner: _____

Address: _____

City: _____ State: _____ ZIP: _____

Phone: _____ Email: _____

Annual (*Calendar Year*) Dues: **\$15.00** (*includes spouse or partner*)

New ___ Renewal ___ 90+ years old (free) ___

Please consider an additional donation to support our AARP chapter and its projects. \$10 ___ \$25 ___ \$50 ___ \$100 ___ Other \$ ___

Donations to the Blacksburg Chapter help us carry out our mission and community service activities while keeping member dues as low as possible. However, donations to the chapter are not tax deductible.

Please make your check payable to "Blacksburg AARP Chapter #2613."

Mail the check and this form to:

AARP Blacksburg Chapter • P.O. Box 10082 • Blacksburg, VA 24062